

Dear Head Teacher.

Tourette's Awareness month runs from the 15th of May until the 15th of June and Tourette Scotland are hoping for schools across the country to help them to raise awareness and money by hosting a dress down day during awareness month. Tourette Syndrome affects 1:100 people and many of our young people with Tourette's are unrecognised. By participating in our awareness campaign, we are hoping that many more people will recognise and seek support for their tics and Tourette's.

The website www.tourettescotland.org has lots of downloadable information and details of their services, they can also supply you with some merchandise if this would be helpful. We will also be posting lots of useful information about Tourette's on our social media platforms, in particular our Tourette Scotland 2018 Facebook page and would be delighted if your school could join in sharing up to date accurate information about this complex neurological condition.

Tourette Scotland offer their awareness training and support services free of charge and rely on member's fundraising and donations. Tourette Scotland currently receive no government funding and the whole charity is run solely by volunteers, some who have Tourette's themselves.

Your support in helping us to raise awareness and funds for Tourette Scotland would be much appreciated and could make a massive difference to families living with Tourette's in your area.

Kyla McDonald

Tourette Scotland