TOURETTE SCOTLAND

ANNUAL REPORT
// 2024

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A message from the team

Welcome to our 2024 Annual Report! It's been a very busy year with lots going on. We're excited to share some of the highlights and changes that have shaped our journey over the past year.

This year, we had the incredible opportunity to visit the Scottish Parliament in May 2024. It was a memorable experience that provided us with invaluable insights and inspiration.

Our fundraising efforts have also been a tremendous success, thanks to your unwavering support and enthusiasm. Our members have taken part in several exhilarating events, including bungee jumping, skydiving, and marathons! These activities not only raised significant funds but also brought our community together in the spirit of adventure and charity. We are immensely grateful to everyone who took the time to help us fundraise and support our initiatives throughout the year.

This year also brought some changes to our committee. We said a sad farewell to Melissa, our Vice Chairperson, as she moved south to pursue new challenges. Melissa's contributions have been invaluable, and while she will be missed, we wish her and her family lots of success in their new adventures.

We also bid farewell to some of our most dedicated volunteers who are moving on to new chapters in their lives. Elaine and Katie, who have been integral to our outreach programme and have supported so many in our community, are embarking on new journeys. They will be sadly missed, but we are grateful for their many years of support. Additionally, the lovely Abi has moved on to university, and we wish her all the best with her studies.

As we reflect on the past year, we're filled with gratitude for everyone who has contributed along the way.

Looking ahead, we are eager to embrace new opportunities, continue our mission, and welcome fresh faces into our team and community. Thank you all for being a part of our journey. We can't do it without you all!

Sarah McClory (Chairperson) and team

What is Tourette Syndrome?

Tourette Syndrome (TS) is a complex and hereditary neurological condition. It's neurodiversity at its best. People with TS will present with simple and complex motor, vocal and internal tics. These can be long term, wax and wane, or one-off tics (contextual or environmental tics). The effects can be exhausting, painful, embarrassing and can also affect things such as memory, attention and concentration.

Tics are only half the challenge. Neurological experts now recognise that 80% of people with TS will also have a diagnosis of Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD), 70% have Obsessive Compulsive Disorder (OCD) and 5-15% have Autism Spectrum Disorder (ASD).

People with TS can also experience difficulties with mental health, eating and sleep disorders, anxiety, sensory processing and specific learning difficulties such as dyslexia, dysgraphia (handwriting) and dyscalculia (maths).

Our mission

Tourette Scotland is inclusive, understanding, and supportive to all. Not only do we offer support in the form of outreach, profiles and support groups, we also run fundraising events, awareness sessions and training. We work hard to provide information, support, and acceptance to everyone living with TS and we continue to work towards our four main goals.

- **Support the lives of those living with Tourette Syndrome, their families and associates**
- **Create an inclusive society for those living with Tourette Syndrome**
- **Educate and raise awareness about Tourette Syndrome and its associated conditions**
- **Improve the quality of, and access to services for those living with Tourette Syndrome**

We are always learning and looking to improve our knowledge so that we can better support our members. We work with Tourette's charities across the world hoping to learn more about the condition and the variety of ways that it can affect individuals and the people around them.

IT'S ESTIMATED THAT 1 IN 100 PEOPLE HAVE TOURETTE SYNDROME.

Training & Awareness

Our training continues to have a high request rate and we continue to pride ourselves on providing quality awareness and training sessions for community groups, educational institutes, NHS Scotland, and employers. We also provide training for our members on additional, relevant topics.

Keeping most sessions on-line helps us keep our running costs down and allows us to reach many more people, spend more time at the end of sessions answering questions, and respond more promptly to requests. We have a small training team who work extremely hard to maintain the quality of the information we provide and to offer regular sessions.

This year we have completed 21 training sessions across NHS Scotland, education, workplaces, 3rd sector organisations and community groups.

> This session was particularly powerful as one of the facilitators lives with tics and was very giving of her experience. The interaction was very good across the group, with facilitators providing a lot of insight, sharing of experience and opportunity to ask questions. Extremely interesting and can't recommend this session highly enough.
>
> **Feedback from The Scottish Fire and Rescue Service**

Outreach

Our dedicated outreach team has managed to offer, and complete, an incredible 111 initial Outreach sessions with a further 162 follow-up appointments during the year. The sessions covered a varied array of needs including Personal Profiles, Tic Attack Plans, help with ADP (Adult Disability Payment) and CDP (Child Disability Payment) applications, and sometimes universal support and advice. There is huge demand for our outreach services and we strive to help as many people as we can.

> Sarah supported me through the changes to the care needs form for my son. I needed support choosing the correct boxes to tick and how to best explain the condition and how it affects my son - she kept me right through the form. This support is so appreciated as I would feel unsure I didn't have that extra support to keep me right. The charity services are 5 stars and so thankful we have access to these services. The stress the condition is having on our family is a lot just now so having the charity there to provide extra help eases that stress for our family. Sarah has also gone above and beyond to fill out a form to have us achieve a blue badge - again all support we would be lost without and are forever thankful.
>
> **Benefits feedback**

> The outreach worker spoke to myself and son at length and remembered him from a previous meeting. My son has become familiar with staff at the charity and feels comfortable chatting about his condition because they just understand it. Not only was care taken to listen to us but also excellent advice given to help with strategies that are invaluable to us. I don't know where our family would be without the support of the charity - they have gone above and beyond for us. What they do for families to support is unbelievable. Given the condition I know the services they provide will be ongoing and an integral part of supporting us as a family and the wider TS community. 5*
>
> **Profile feedback**

> I immediately felt at ease, which is unusual because appointments and phone calls usually cause me anxiety and nerves. I felt understood and confident that I was talking to people who knew what they were talking about. The outreach call was very informative, and I feel like I've had more progression and clarity than I have had in my medical appointments regarding my Tourette's. I found someone taking notes for me during the session very useful too. I have always struggled to remember what has been discussed during appointments like this and to take notes myself while I'm ticcing. Overall, it was a very positive experience. 5*
>
> **Outreach feedback**

Peer Support

Scotland is a vast area to cover, but we still believe one of the best coping mechanisms is to meet others living with the same challenges. Tourette's can be overwhelming, especially in the beginning. Group sessions include awareness sessions to increase the general understanding of Tourette's and its co-existing conditions, a general catch up or targeted activities and outings.

We try to meet in person wherever possible but have also continued to offer monthly meetings on a digital platform to ensure we can support those unable to attend our face-to-face groups.

Spotlight on our Fife group

The Fife Tourette's Support Group is a vibrant community that meets on the first Monday of each month in Dalgety Bay. Over the past year, we have arranged a variety of fun and educational activities.

One of the highlights was a visit from "Cool Creatures." This engaging experience allowed us to interact with a variety of fascinating animals, providing both entertainment and education. Another favorite activity was our "no bake goodies" session, expertly led by one of our talented members, Freya.

Our monthly meetings are filled with a range of regular activities to suit everyone's interests including arts and crafts, table tennis and board games, and outdoor activities like football and hide and seek. During the festive season, our group enjoyed a fantastic outing to the pantomime at the Alhambra Theatre.

We also hosted two valuable information sessions facilitated by Tourette Scotland, one offering insights and understanding about Tourette's and another on ADHD.

Our meetings are always complemented by yummy refreshments, creating a warm and welcoming atmosphere. For parents and carers, we provide a quieter space for meaningful conversations and, quite often, there is delicious cake to enjoy!

Fordell Firs Weekend

We organised another fantastic weekend camp this year. 15 families living with Tourette Syndrome joined us at a weekend residential camp where they could meet other families in similar circumstances as themselves. We acknowledge the isolation that many of the families experience in their everyday life and the opportunity to meet others who truly understand their challenges can be life changing. During the weekend we arrange activities to encourage teamwork and forge relationships as well as running workshops to help families explore the health and wellbeing aspects of caring for young people with complex needs. Activities this year included grass sledging, archery, caving, 3G swing, Zip line, crafts, bonfire, giant boxing gloves/sumo and parent carer workshops. The young people are always encouraged to step out of their comfort zone, try new activities and find ways to support each other. Group leaders are volunteer young people who have been previously and have Tourette's themselves.

Bringing families together in this environment allows them to relax and feel part of a community while having fun. The opportunity to challenge themselves and experience activities they may never have done before builds a tremendous sense of achievement and increases confidence. Having the camp as a residential weekend allows families to engage with others in similar circumstances, gain peer support, learn more about Tourette's and learn strategies from others attending. People often gain comfort from others who are further along in their Tourette's journey.
These camps offer a friendly, welcoming, supportive and fun environment for the whole family. Spending time with people who genuinely understand can have a massive impact, it reduces isolation, boosts confidence and relieves some of the tension and allows families to relax knowing they are heard and understood.

Fordell Firs feedback

"Our family had a great time at the Activity Weekend along with 70 other folks from around the country. It was great to meet and chat to other dads over the time at Fordell Firs. As a busy dad I sometimes can't make it to our regular support groups, so this weekend was especially useful to spend an extended period of quality time as a family with the Tourette Scotland community. Hearing from other parents is so important, it helped me know we were on the right track.

Some stayed in the accommodation others like us went home as we live relatively locally. It was a real pleasure to spend time in the company of others living with Tourette's. With no need to explain or defend our kids and Young People, it resulted in a very relaxed social atmosphere."

"There were so many activities for the daredevils to try such as the King Swing, Caving, Grass Sledging to the more sedate arts and crafts.

The workshops gave me ways to relax and different ways of thinking about looking after ourselves.

Volunteers organised 4 teams for the activities while others staffed the kitchen and did other domestic chores.

One highlight was the campfire on the Sat evening which saw the young Scout leader perform guide and conduct our way though many silly songs and stories encouraging everyone to join in.

The camp finished about lunchtime on Sunday. Unbelievably we hadn't had a drop of rain."

Scottish Parliament Event

To commemorate our 30th anniversary, Tourette Scotland hosted a special event during Tourette's Awareness Month at the Scottish Parliament in May 2024.

The session was generously sponsored by Annabelle Ewing, MSP & Deputy Presiding Officer, with the event aimed to educate guests and ministers about Tourette Syndrome, dispel myths, and assess the effectiveness of Scottish policies in supporting the Tourette's community.

Following the event, Tourette Scotland have engaged with relevant ministers and Police Scotland to advocate for the inclusion of the Tourette's community in policy discussions and explore opportunities around developing an ID and Neurodiversity card to support our members.

Fort William Open Day

In December 2024 we held an open day in the West Highlands town of Fort William.

Our Open Days give families the opportunity to come together and meet other families who are in similar situations as themselves, as well as meeting other people with Tourette's, often for the first time. Feedback tells us that meetings like these can help people accept their diagnosis, increase their knowledge about this complex neurological condition and reduce isolation. They help people realise that they are not alone and that there is hope with the right support.

From Professionals to the whole family, everyone is welcome. Families left the Open Day with a clearer view about Tourette's, the services we offer and the rights that they, as individuals with Tourette's or parents/carers, have. The children had a great time too in our Arts/Crafts & Games room.

Meet the team

The Committee

SARAH MCCLORY
CHAIRPERSON

MELISSA DOYLE
VICE-CHAIR
(Resigned)

DEREK MILLER
TREASURER

CAROL GILMOUR
SECRETARY

LAUREN REID
TRUSTEE

GILLIAN MACPHERSON
TRUSTEE

ANDRENA DUNCAN
TRUSTEE

RYAN BAILEY
TRUSTEE

Our Volunteers

Kyla McDonald

Elaine Smurthwaite

Katie Lyons

David Macpherson

Bea Wood

Nia Duncan

Ross Macpherson

Abi McDonald

Our Fundraisers and Supporters

We've been lucky to have been supported by so many people and organisations over the past year and we wouldn't be here without you! We've had Kiltwalker's, runner's, walker's, sky-divers, and more! By supporting Tourette Scotland you've helped us raise even more awareness of Tourette's and tics.

T**hank you** to our members and friends who have taken part in fundraising events, donated, volunteered at our open days, and generally supported us in any way, however small.

A huge **thank you** to the many Trusts and Foundations who have supported us over the past year and, as always, to the organisations below - your continued support has been invaluable to us.

The Gannochy Trust
algo BUSINESS CENTRE
MORRIS & YOUNG chartered accountants
Queen Margaret University EDINBURGH
Scouts Scotland
scvo
JohnstonSmillie
BETTER breaks
JustGiving
easyfundraising feel good shopping
kiltwalk
Naturelase
FOAM DART THUNDER
Uphall Community Centre
neurological alliance of scotland
enthuse
amazonsmile You shop. Amazon gives.

Mike's jump for Tourette's

"My name is Mike, and on May the 4th, I participated in a bungee jump for Tourette Scotland along with another volunteer, Katie. We spent about a month before fundraising and building the excitement/nerves.

The experience was amazing, and I felt a huge sense of accomplishment after the jump. I really pushed myself out of my comfort zone, and it was worth it.

We were very successful in raising £1,335 for Tourette Scotland, and we couldn't be happier with raising money for this amazing charity. This experience gave me a once in a lifetime feeling that I will not forget, and I would recommend it to anyone who would be willing to consider it."

TOURETTE SCOTLAND

Financial Statement & Accounts

for the Year Ended 31 August 2024

Reference and Administrative Details

Chairperson:	Sarah McClory
Trustees:	Melissa Doyle (Vice-Chairperson) Derek Miller (Treasurer) Lauren Reid Gillian Macpherson Carol Gilmour Andrena Duncan Ryan Bailey
Principle Office:	Inveralmond Business Centre Auld Bond Road Perth PH1 3FX
Charity Registration No.:	SC021851
Independent Examiner:	Alexander J Fyfe M.A.A.T., C.A., DCha. Morris & Young Chartered Accountants 6 Atholl Crescent Perth PH1 5JN

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2024.

The financial statement have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with applicable law and the Statement of Recommended Practice, "Accounting and Reporting by Charities", applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Treasurer's Report

The financial results for the year are set out on the following pages.

The surplus for the year has been allocated in full to the general reserve.

The trustees aim to keep at least enough within the General Reserve to keep the charity going for a period of three months in the event of no income being generated, and as such consider the reserves to be satisfactory. The Trustees have been considering their options going forward and recognise the need to bring in further grants and donations and have been dedicating their time to do so.

We currently have over 800 registered members of the charity via our website with many of them providing monthly gift-aid donations. A massive thank you goes out from all the board to everyone who has contributed to the charity. This has been absolutely key to our long-term stability and is greatly appreciated by everyone. Overall the trustees are satisfied with the charity's current financial position.

Structure, governance and management

Recruitment and appointment of trustees

The trustees are as stated on the administration page. The trustees are volunteers and they administer the society. New trustees are trained by the existing trustees as to their legal obligations under charity law, the Scottish Charity Regulator's guidance on trustees' duties, the decision making duties and the recent financial performance and plans for the future of the charity.

Organisational structure

Tourette Scotland is a registered charity. The Association is a charitable unincorporated association and the purpose and administration arrangements are set out in our constitution.

Financial Instruments

Objectives and policies

The charity's activities expose it to a number of financial risks including credit risk, cash flow risk and liquidity risk.

Cash flow risk

The trustees are conscious of the aim to retain sufficient cash resources to meet the immediate requirements of the charity.

Credit Risk

The charity's principal assets are bank balances.

The charity has no significant concentration of credit risk.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

Liquidity risk

In order to maintain liquidity to ensure that sufficient funds are available for ongoing operations and future developments, the Charity's liquid funds are kept in a combination of bank accounts to enable it to service its everyday financial needs.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the Constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner’s Report to the trustees of Tourette Scotland

I report on the accounts of the charity for the year ended 31 August 2024.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

ALEXANDER J FYFE M.A.A.T., C.A., DCHA.
INSTITUTE OF CHARTERED ACCOUNTANTS OF SCOTLAND
MORRIS & YOUNG CHARTERED ACCOUNTANTS
6 ATHOLL CRESCENT
PERTH
PH1 5JN

Statement of Financial Activities for the Year Ended 31 August 2024

	Note	Unrestricted	Restricted	Total 2024	Total 2023
Income and Endowments from:		£	£	£	£
Donations and legacies	2	40,606	-	40,606	15,224
Charitable activities	3	521	9,200	9,721	6,202
Total Income		41,127	9,200	50,327	21,426
Expenditure on:					
Raising funds	4	(6,105)	-	(6,105)	(2,082)
Charitable activities	5	(11,087)	(8,579)	(19,666)	(17,598)
Total Expenditure		(17,192)	(8,579)	(25,771)	(19,680)
Net movement in funds		23,935	621	(24,556)	1,746
Reconcilliation of funds:					
Total funds brought forward		43,418	1,102	44,520	42,774
Total funds carried forward	12	67,353	1,723	69,076	44,520

All of the charity's activities derive from continuing operations during the above two periods. The funds breakdown for 2023 is shown in note 12.

Balance Sheet as at 31 August 2023

	Note	2024	2023
Fixed assets:		£	£
Tangible assets	9	1,242	1,099
Current assets:			
Stocks		604	604
Debtors	10	367	119
Cash at bank and in hand	11	67,224	43,404
		68,195	44,127
Creditors: Amounts falling due within one year		(361)	(706)
Net current assets		67,834	43,421
Net assets		69,076	44,520
Funds of the charity:			
Restricted income funds			
Restricted funds		1,723	1,102
Unrestricted income funds			
Unrestricted funds		67,353	43,418
Total funds	12	69,076	44,520

The financial statements were approved by the trustees, and authorised for issue on 30 May 2025 and signed on their behalf by Sarah McClory, Chairperson.

Notes to the Financial Statements for the Year Ended 31 August 2024

1) Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis of preparation

Tourette Scotland meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The financial statements are presented in sterling (£) and are rounded to the nearest £1.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received, and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable, and the amount can be reliably measured.

Grants receivable

Income from charitable activities includes grant funding subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income and those incurred in trading activities that raise funds.

Charitable Activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £100 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer Equipment	25% reducing balance
Fixtures and fittings	25% reducing balance
Equipment	33% straight line

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

The charity only has financial assets and liabilities of a kind that would qualify as basic financial instruments which are recognised at their transaction value and subsequently measured at their settlement value.

2) Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	27,750	27,750	-
Donations from individuals	11,112	11,112	14,290
Gift aid reclaimed	1,744	1,744	934
	40,606	40,606	15,224

3) Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Fundraising	37	-	37	51
DVDs, books, bands etc.	484	-	484	1,401
Grants	-	9,200	9,200	4,750
	521	9,200	9,721	6,202

The following grants were received: Better Breaks - £7,600 (2023 - £4,750)
Johnston Smillie - £1,600 (2023 - £nil)

4) Expenditure on raising funds

a) Costs of generating donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Cost of raising funds	6,105	6,105	2,082

5) Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Service user activities	9,846	8,304	18,150	16,279
Insurance	1,102	-	1,102	953
Depreciation, amortisation and other similar costs	139	275	414	366
	11,087	8,579	19,666	17,598

6) Net incoming/outgoing resources

Net incoming resources for the year include:

	2024	2023
	£	£
Depreciation of fixed assets	414	366

7) Trustees' remuneration and expenses

During the year the charity made the following transactions with trustees:

Kyla McDonald

£232 (2023: £604) of expenses were reimbursed to Kyla McDonald during the year.
Travel expenses and activity expenses.

Elaine Smurthwaite

£439 (2023: £87) of expenses were reimbursed to Elaine Smurthwaite during the year.
Travel expenses.

Lauren Reid

£Nil (2023: £103) of expenses were reimbursed to Lauren Reid during the year.
Travel expenses and activity expenses

Sarah McClory

£850 (2023: £711) of expenses were reimbursed to Sarah McClory during the year.
Travel expenses and activity expenses.

Gillian MacPherson

£138 (2023: £667) of expenses were reimbursed to Gillian MacPherson during the year.
Travel expenses and activity expenses.

Melissa Doyle

£Nil (2023: £28) of expenses were reimbursed to Melissa Doyle during the year.
Travel expenses.

Carol Gilmour

£1,106 (2023: £40) of expenses were reimbursed to Carol Gilmour during the year.
Travel expenses and activity expenses.

Ryan Bailey

£76 (2023: £Nil) of expenses were reimbursed to Ryan Bailey during the year.
Office expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

8) Taxation

The charity is a registered charity and is therefore exempt from taxation.

9) Tangible fixed assets

	2024 £	2023 £
Cost:		
At 1 September 2023	2,291	2,291
Additions	557	557
At 31 August 2024	2,848	2,848
Depreciation:		
At 1 September 2023	1,192	1,192
Charge for the year	414	414
At 31 August 2024	1,606	1,606
Net book value:		
At 31 August 2024	1,242	1,242
At 31 August 2023	1,099	1,099

10) Debtors

	2024 £	2023 £
Other debtors	367	119

11) Cash and cash equivalents

	2024 £	2023 £
Cash at bank	67,224	43,404

12) Funds

	Balance at 1 September 2023 £	Incoming Resources £	Resources expended £	Balance at 31 August 2024 £
Unrestricted funds:				
General				
General	43,418	41,127	(17,192)	67,353
Restricted funds:				
Fordell Firs Annual Camp Fund	-	7,600	(7,473)	127
Project Support Fund	1,102	-	(386)	716
Lothian Events Fund	-	1,600	(720)	880
Total restricted funds	1,102	9,200	(8,579)	1,723
Total funds	44,520	50,327	(25,771)	69,076

	Balance at 1 September 2022 £	Incoming Resources £	Resources expended £	Balance at 31 August 2023 £
Unrestricted funds:				
General				
General	30,852	16,676	(4,110)	43,418
Restricted funds:				
TOPS Program Fund	5,623	-	(5,623)	-
Fordell Firs Annual Camp Fund	-	4,750	(4,750)	-
Project Support Fund	6,229	-	(5,197)	1,102
Total restricted funds	11,922	4,750	15,570	1,102
Total funds	42,774	21,426	(19,680)	44,520

The specific purposes for which the funds are to be applied are as follows:

The TOPS Program Fund represents monies advanced from the National Lottery to be used for our training outreach and peer support (TOPS) program. The monies are restricted in that they can only be used for the purposes set out.

Fordell Firs Annual Camp Fund represents monies from Better Breaks and the Carnegie Trust to be used for the Fife's Group annual camp trip to Fordell Firs. The monies are restricted in that they can only be used for the purposes set out.

The Project Support Fund represents monies advanced from the Gannochy Trust to be used for training, outreach, website and general running and support costs. The monies are restricted in that they can only be used for the purposes set out.

The Lothian Events Fund represents monies advanced from Johnstone Smillie to be used specifically for events for the Lothian Group.

13) Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds 2024 £
Tangible fixed assets	418	824	(1,242)
Current assets	67,296	899	68,195
Creditors over 1 year	(361)	-	(361)
Total net assets	67,353	1,723	69,076

	Unrestricted funds General £	Restricted funds £	Total funds 2023 £
Tangible fixed assets	-	1,099	1,099
Current assets	43,418	709	44,127
Current liabilities	-	(706)	(706)
Total net assets	43,418	1,102	44,520

14) Related party transactions

There were no related party transactions in the year.

TOURETTE SCOTLAND

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